

# *For a New Beginning*

*by John O'Donohue*

*In out-of-the-way places of the heart,  
Where your thoughts never think to wander,  
This beginning has been quietly forming,  
Waiting until you were ready to emerge.*

*For a long time it has watched your desire,  
Feeling the emptiness growing inside you,  
Noticing how you willed yourself on,  
Still unable to leave what you had outgrown.*

*It watched you play with the seduction of safety  
And the gray promises that sameness whispered,  
Heard the waves of turmoil rise and relent,  
Wondered would you always live like this.*

*Then the delight, when your courage kindled,  
And out you stepped onto new ground,  
Your eyes young again with energy and dream,  
A path of plenitude opening before you.*

*Though your destination is not yet clear  
You can trust the promise of this opening;  
Unfurl yourself into the grace of beginning  
That is at one with your life's desire.*

*Awaken your spirit to adventure;  
Hold nothing back, learn to find ease in risk;  
Soon you will be home in a new rhythm,  
For your soul senses the world that awaits you.*



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